

Friday 13th May

Lower Junior News!

'We believe in the power of YET!'

Hello everyone,

Well done to all the children this week, they have worked hard and have produced some wonderful pieces of work. In geography they were looking at flags and different countries and how they differ. IN RE they were identifying different Hindu Gods and their values. In science they completed an investigation into reflections using mirrors. In Spanish the children were learning body parts.

In English the children started their new topic of Twisted Tales. First, they were given images and had to raise questions and make predictions based on what they thought the story was. They then orally retold a fairy-tale but a twisted version. Finally, they wrote a letter as one of the dwarves from Snow White complaining about Snow White's living habits. In maths the children worked on multiplication problems and began finding fractions.

Year 4 children have also completed their persuasive writing and began making predictions about fairy tales raising questions and making predictions. In maths they have started fractions looking at equivalent fractions, unit and non-unit fractions before moving onto fraction of amounts.

Tempest Photography - Wednesday 25th May will be taking extra individual photographs for all year groups. Year 6's and Reception will not have these taken as they had theirs this week.

Please remind children to read each night. Also, to use TTRS on sound check mode to practise their times tables.

Spanish Phrase - What's up? — *¿Qué pasa*

Home learning

Year 3: Determiners and Fractions

Year 4: Conjunctions and Multiples

A huge well done to the stars of the week:

LONELINESS ONLINE:
What Causes It and Ways to Feel Better

Have you ever been online and felt a little bit lonely? In a recent study, 14% of 10-12-year-olds said they often felt lonely, so you're not the only one who sometimes feels that way. We spoke to a group of children and teenagers, who told us some of the things that make them feel isolated when they're online.

CAUSES OF LONELINESS ONLINE

- Seeing photos or videos of friends having fun without me
- Being excluded from group chats or games with friends
- Friends or family not replying to texts or answering my calls
- People being unkind to me online
- When friends leave my group chat

WHAT CAN YOU DO?

So if these things happen to you and you start to feel down, what can you do? The same young people also told us how they make themselves feel less lonely when they're online - and we've collected some of their advice to share with you.

- Tell a friend or a trusted adult that you feel lonely
- Watch funny videos of cats and pandas
- Watch yoga videos and do some exercises
- Play single-player games you enjoy
- Listen to happy music
- Listen to your favourite audiobooks
- Send nice messages to your friends and family
- Play games with friends who you trust, if they're online too

TAKE A BREAK

Sometimes the best thing you can do is to take a break from technology and do something offline that makes you feel happy.

Here's what our group suggested!

- Paint or draw pictures
- Play with a pet
- Write about your feelings
- Hang out with your family
- Get outdoors & enjoy nature

FURTHER SUPPORT

Remember, it's normal to feel a bit lonely sometimes - but if it's really upsetting you, and you have no-one to talk to, you can call Childline for free on **0800 1111**

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Junior 1

Leo Lloyd Fury

Oliva Speakman

Junior 2

Callum Eccles

Noel Ashton

Miss Williamson

Max Ford

Alahna Gray

Mr Jennings , Mr Roberts & Miss Williamson